



# PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT SCHEME OF WORK EYFS

|  |
|--|
| <b>This policy will be reviewed annually</b> |
| Policy reviewed: November 2023               |
| Next review: Summer 2024 (ARF)               |

In the EYFS, the aspects of the PSED scheme of work are taken from development matters and the early learning goals and are integrated into all areas of learning. Our planning is based upon the needs and interests of the individual pupils and therefore these aspects cannot generally be organised on a termly basis, however some aspects naturally fit in with particular terms.

## **Children in Reception**

- See themselves as a valuable individual.
- Build constructive and respectful relationships.
- Express their feelings and consider the feelings of others.
- Show resilience and perseverance in the face of challenge.
- Identify and moderate their own feelings socially and emotionally.
- Think about the perspectives of others
- Manage their own needs

## **Early Learning Goals**

### **Self-Regulation**

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

### **Managing Self**

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.
- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

### **Building Relationships**

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs.

**See also Jigsaw scheme of work and Learning for Life Policy**